

### <u>EDITORIAL</u>

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## Director, JCC

# EDITOR'S NOTE

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When the spectrum of medical care, from dermatology to sensory health to oncology. Each piece offers valuable insights for both practitioners and patients navigating these common conditions.

In our first article, **Dr. Joseph Lam and Bianca Te** explore *Keratosis Pilaris* (KP), a benign skin condition affecting up to 80% of adolescents and 40% of adults. This comprehensive review details the characteristic "chicken skin" appearance, pathophysiology, and management options. While KP is typically asymptomatic and often resolves with age, patients frequently seek treatment for cosmetic concerns. The article provides evidence-based approaches using keratolytic agents and proper skin care techniques that can improve appearance and alleviate mild symptoms.

**Dr. D'Arcy Little** delivers a thorough examination of *Papillary Thyroid Cancer* (PTC), the most common thyroid malignancy. With impressive 5-year survival rates exceeding 98% for localized disease, early detection and proper management are key. The piece details ultrasound characteristics, diagnostic approaches, and treatment options, complemented by clinical pearls for practitioners managing these patients.

**Dr. Michael Gordon's** piece on *Help for the Hearing-Impaired* addresses an often-overlooked aspect of cognitive health. His case study demonstrates how simple, cost-effective interventions like the Pocket-Talker<sup>®</sup> can significantly improve quality of life for those with hearing difficulties. Dr. Gordon makes a compelling argument for including hearing assistance devices in healthcare budgets, highlighting research connecting hearing impairment to cognitive decline and social isolation.

Finally, **Dr. Gordon** shares a charming personal narrative about his first landlady, *Mrs. Gilroy in Dundee*, Scotland as a medical student. This glimpse into medical education abroad in the 1960s reminds us of the human connections that shape our professional journeys.

Together, these articles reflect our continuing commitment to providing practical, evidence-based information across multiple disciplines in healthcare. We hope you find them both informative and engaging. and we look forward to your feedback, as always.