



ADVISORY BOARD

Click on pictures to see credentials



EDITOR'S NOTE

D'Arcy Little, MD, CCFP, FCFP, FRCPC Medical Director, JCCC and www.healthplexus.net

We are pleased to present the next edition of the *Journal of Current Clinical Care*, which features a collection of articles on important clinical topics across various specialities. Our aim is to provide you with practical insights and updates that can enhance your clinical practice.

In this edition, we have articles that cover Back Health, Urology, Dermatology, and Caregiving.

The Back Health CME Resource article, written by **Dr. Mohamed Sarraj** and **Dr. Brian Drew** from McMaster University, focuses on *Acute Management of Cervical Spine Trauma and Spinal Cord Injury*, a condition that can have life-changing consequences. At every stage of injury, intervention is key to meaningfully change patients' outcomes.

Yours truly, **Dr. D'Arcy Little**, the JCCC editor and a radiologist discusses *Prostate Cancer Imaging: Ultrasound, CT, MRI, and Nuclear Medicine Techniques* in the Urology article, highlighting issues of early detection of a common cancer in men worldwide to potentially improve patient outcomes.

In the Dermatology Resource article, **Dr. Joseph Lam** and **Mahan Maazi** provide a 2023 update on *Pediatric Warts*. Diagnosis is based on history and physical examination features which may include dermoscopy and rarely, histological confirmation. Management includes treatment with topical salicylic acid and cryotherapy, the two most common and effective modalities.

Lastly, in the Caregiving article, **Dr. Marina Malak** presents *'Walk-in Physicians vs. Primary Care Physicians: The same or different?'*. This article explores the differences and similarities between both models of care, and suggests some strategies for navigating any disparities.

We also want to highlight two podcasts in this edition, which we hope you find interesting and informative. **Dr. Marina Malak** presents her Osteoporosis series with her *3P: Pills, Pearls, and Patients* podcast, and **Dr. Michael Gordon's** *Medical Narratives* podcast offers insights on Forgetfulness and Mild Cognitive Impairment.

We hope you find this edition informative and valuable in your clinical practice. As always, we welcome your feedback and suggestions.