



ADVISORY BOARD

Click on pictures to see credentials



EDITOR'S NOTE

D'Arcy Little, MD, CCFP, FCFP, FRCPC Medical Director, JCCC and www.healthplexus.net

Happy New Year! As we enter 2023, we are thrilled to announce our exciting plans for the *Journal of Current Clinical Care*. Our goal is to bring you the latest in medical research, advancements, and best practices.

This first issue of the year, we are proud to offer you a Certified CME course: *OAB the Shift in Care*, co-developed by CCRN and the CUA, with **Dr. Dean Elterman** as presenter.

In addition, we will be covering various specialties, including Urology, Dermatology, and Back Health, with a focus on providing practical insights and updates for clinical care.

For our Dermatology Resource, **Drs. Joseph Lam and Amir Gohari** will be providing an update on the management of *Acne Vulgaris*, including the latest research on its triggers and treatment options.

In the field of Gastrointestinal Diseases, **Dr. Marina Abdel Malak** will be exploring the *Approach to Treating Constipation*, emphasizing the importance of a thorough evaluation and an organized treatment plan.

For our Back Health CME Resource, **Drs. Karlo M. Pedro, James Milligan, and Michael G. Fehlings** will be discussing the diagnosis and management of *Degenerative Cervical Myelopathy in the Primary Care Setting*.

Finally, in our Medical Narratives section, **Dr. Michael Gordon** will be sharing his reflections on the challenges faced during the COVID-19 pandemic and the importance of evidence-based medicine in his *Nothing New in the Sky* narrative.

And as always, don't forget to check out the latest episodes from our podcasters. **Dr. Marina Malak** with her *3P: Pills, Pearls and Patients* and **Dr. Michael Gordon** with his *Medical Narratives* podcast offer a number of their perspectives on different topics.

We hope you will find this issue both informative and engaging, and we look forward to your feedback.